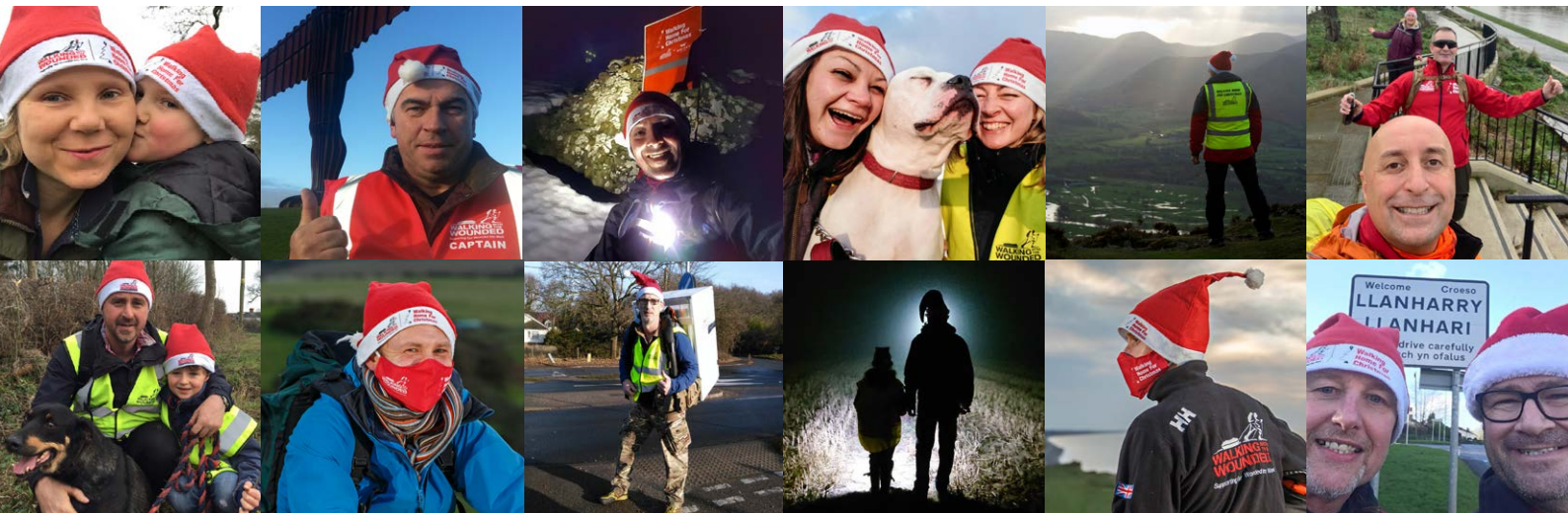


WE GET LOCKED DOWN, BUT WE GET UP AGAIN.

Walk to support those who served
and need urgent mental health care.

SIGN UP FOR YOUR FREE SANTA HAT AND FACEMASK
AT WALKINGHOMEFORCHRISTMAS.COM



*Participants must adhere to any local restrictions in their area. Walking With The Wounded is registered as a charity in England and Wales, number (1153497) and Scotland, number (SC047760).

MARCH ON MENTAL HEALTH...



1. SIGN UP

We'll send you a Santa hat, facemask and we'll provide you with a fundraising page to showcase your walk.

2. RAISE MONEY

Easily challenge friends to donate, do it with you or do it at the same time in a different location.

3. GET WALKING

Anytime 10-20th December.
Enjoy the camaraderie, banter and pride in doing something to serve those who served us.

WALK TO SUPPORT EX-MILITARY IN NEED OF URGENT MENTAL HEALTH CARE.

WalkingHomeForChristmas.com

#WalkingHomeForChristmas
hello@WalkingHomeForChristmas.com
01263 863902

SUPPORTING PARTNERS



TO SUPPORT EX-MILITARY LIKE...



BILLY, ex Scots Guards, County Durham

Billy served in N. Ireland and Iraq and **suffered PTSD from a head injury**. After 20 years of turbulence he was referred to **Walking With The Wounded** who helped him access mental health care and holistic support so **he can now support his family again**.

**READ MORE SUCCESS STORIES AT
WALKINGHOMEFORCHRISTMAS.COM**

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